



**Bikeability Cycle Training**



Dear Parent /Carer,

**Bikeability** cycling courses, in partnership with Lime, will be running at **[NAME OF SCHOOL]** **William Tyndale**on **[DATES].**

Your child will need **a working bicycle** and will have to attend each day of the course. A helmet is strongly recommended, but not required to take part. Please make sure **both brakes** are working properly and **pump the tyres** if you can. If there is a problem with your bike then the instructors will try to fix it, but unsafe bikes will not be used during the training.

**If your child does not have a bike or helmet** or their bike or helmet is unsafe, they will be able to borrow a bike from the council. These bikes and helmets will be checked by our instructors and adjusted to fit your child’s size. There is no charge.

**Level 2: This course is not for complete beginners and is for children who can already cycle on two wheels without help.** It will begin with skills exercises in the playground, followed by basic manoeuvres on quieter local roads for those who have reached the required standard of bicycle control. All roads used by the cyclists will have been risk assessed by experienced instructors.

**If you, as a parent or carer, would like to learn to cycle for free, please apply via our website** https://islington.coordinate.cloud **or call Bart Smith on 07977 267 282. As well as adult 1-1 cycle lessons we also offer free family sessions and free children’s learn to ride in the school holidays.** 

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Child’s name (PLEASE PRINT IN CAPITALS): Child’s age:

**I give permission for my child to take part in Bikeability cycle training, if there are places available. I understand that my child will need a working bike and a helmet to take part. I give my consent for my child to use a council bike if they do not have their own.**

**I understand that the Level 2 course will be mostly conducted on the road.**

 **My child can ride a bike without any help** 🞏 *or* **My child is a beginner** 🞏

 **My child will wear a helmet** 🞏 Note: children who can’t cycle unaided  **My child wears glasses** 🞏 may not be able to take part in this course

 **My child has special needs or a medical condition (please write details below)** 🞏

Parent / carer name:

Parent / carer signature: